
Parent & Student Booklet

VCE Program



1 Black Possum Road, Bogong, 3699
ABN: 27 819 095 091

An online version of this booklet can be downloaded at www.outdoorschool.vic.edu.au

Parents/guardians should read this booklet with their child/ward prior to attending the parent information session. All relevant documents should be read, completed and signed prior to students commencing the program.

About Bogong

Outdoor School - Bogong Campus, is a school staffed and funded by the Department of Education and Training (DET). We provide programs for Years Prep-12 students from Government Schools throughout Victoria. The Bogong campus is situated in Bogong Village, North-East Victoria. This is located 16 km from Mount Beauty and 15 km from both the Falls Creek ski resort and the Bogong High Plains. Bogong Village is surrounded by the Alpine National Park. Bogong is 380 km from Melbourne and takes around 6 hours to get there by bus.

Important Teacher Information

The program will contain activities and events which are different from those experienced at school. Qualified and experienced teachers are responsible for the supervision and teaching of all adventure activities and necessary precautions are taken to minimise the possibility of injury.

Teachers/parents/guardians should understand however, that all the listed activities do carry risk of physical injury and that accidents can, and do occur. However, Outdoor School Bogong has an active and ongoing risk management program whose objective is to provide a safe and effective environment for everyone.

Outside of winter time, your visit may include activities such as bushwalking, climbing/abseiling, mountain biking, orienteering/rogaining, canoeing, pioneering, high ropes, creek walking, and the sensory trail course. For those attending during winter, activities may include cross country skiing, snow-camping, downhill skiing and snow shoeing, yet in the event of limited snow cover, summer activities such as those listed above may be included. Many of the activities are conducted in remote locations subject to severe weather and other natural hazards. In the event of injury or illness, communications or emergency services may be limited or not available for periods of time. This may result in delays in injured/sick group members accessing more definitive care. It is important that students are appropriately insured for medical treatment as Outdoor School - Bogong, being a State Government School of Victoria, does not have any insurance to this effect.

RESPECTFUL RELATIONSHIPS

Respectful Relationships - Statement of Commitment

- We commit to action that promotes gender equity & respectful relationships.
- We will model respectful relationships between peers and all members of the school community.
- We will speak out about sexism, gender inequity and gender stereotypes.
- We will provide a safe, inclusive and supportive environment.
- We will provide a structural and cultural environment that promotes gender equity.

Outdoor School - Bogong Campus

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School Values

SCHOOL VALUES



RESPECT

- Acting fairly with care and compassion
- Actively listening and acknowledging perspectives of others
- Showing empathy toward others

INTEGRITY

- Being honest in all interactions
- Being a person who is reliable, dependable and trustworthy
- Showing responsibility for own and accountability around others' actions

COMMUNITY

- Establishing and maintaining genuine, positive and supportive relationships
- Celebrating and valuing all people in an inclusive manner
- Acknowledging and working collaboratively with a shared meaningful vision

EDUCATIONAL EXCELLENCE

- Being optimistic and positive
- An adventurous inclination to initiate and undertake new & daring challenges
- Resilience in adapting to challenges and adversity in a range of situations

Before Coming You Must Organise

Forms

Complete the Bogong forms and return them to your teacher. These are:

Code of Cooperation (See page 3)

- This must be read and agreed to by the parents/guardians and student.

Bogong Consent Form (Handout)

- Must be read by parent/guardian's and students, then signed by both in conjunction with reading the Code of Cooperation.

Bogong Medical Forms (Handout)

- These forms must be completed and signed indicating the students' current medical status with any information requiring specific attention or treatment (e.g. medications being taken).
- Asthmatic students **must** bring all medications for their condition to Bogong.
- Asthmatic students **must** complete the attached Asthma Update Form and supply their Asthma Action Plan
- Students with allergies **must** complete the attached Allergic Reactions Action Plan.
- Students with anaphylaxis **must** complete the Anaphylaxis Action Plan.

Student Code of Cooperation

Guiding Principles

- To ensure that the rights of all individuals are protected whilst at Bogong, and to and from Bogong.
- To establish the best possible learning environment.
- To ensure that breaches of the code of cooperation are treated in a fair and consistent manner and within the expectations of staff and students.

Rights	Responsibilities & Expectations
All individuals and their property are to be valued and treated with respect.	All students should treat one another, staff and property with respect.
All individuals have the right to a safe, secure and cooperative working environment in which participation, risk taking and confronting challenges are encouraged.	All students should act and behave in a way which does not endanger, intimidate or interfere with the participation of others.
All individuals have the right to privacy.	All students should respect others rights to privacy.
Staff should be able to perform their duties in an atmosphere of order and cooperation.	Students should comply with instructions given by any members of staff and should willingly participate in the daily routine of the School.
Staff, students and the natural environment have the right to exist in a healthy and environmentally considerate atmosphere.	All students should conduct themselves in a healthy and environmentally friendly manner towards other students, staff and the natural environment.
Bogong expects support from all students, parents/guardians and staff in implementing this Code of Cooperation.	All students should behave according to this code and accept the consequences if it is breached. All staff should fairly, reasonably and consistently implement this code. Staff and parents/guardians of participating schools should support Bogong in implementing the Code of Cooperation.

Specific Rules at the School

To respect the rights and expectations of all individuals at the school the following forms of behaviour are considered a breach of the code and are therefore unacceptable:

- Bringing cigarettes, alcohol, non-prescribed drugs, offensive weapons, and pornographic material.
- Using language which is offensive, sexist, genderist or racist.
- Fighting, bullying (physical, verbal, indirect or cyber) or any other forms of aggressive behaviour.
- Being in the lodges/room of a person of the another gender.
- Being in another student's room without permission.
- Leaving Bogong Campus boundaries without permission.
- Behaving in a manner which damages or vandalises the property of others or the environment.
- Climbing of trees, buildings or other structures without teacher supervision.
- Students bringing deodorant sprays.

Personal ICT hardware such as phones, iPods and tablets are not to be brought to Bogong.

To maximise student learning we expect students to disconnect from all mobile devices for their time at Bogong. This allows students to engage with their peers, and the outdoor experience. Any mobile devices that are brought to Bogong, will be collected by Visiting Teachers upon arrival and stored in a secure place. If needing more information you may access a copy of our Personal Mobile ICT Devices Policy from our website via the following link <http://www.outdoorschool.vic.edu.au/policies/3699/>

Implementation Process

The School has developed levels of appropriate responses and sanctions. Any breach of the Code of Cooperation will initiate a restorative approach. The staff will decide the appropriate level of action.

Personal Clothing and Equipment

This list provides information on the types of the clothing and other essentials that you should bring. It also outlines the equipment supplied by Bogong.

Clothing

- 1 set of thermal underwear (top and bottom)
- 2 warm jumpers (polar fleece or woollen preferred)
- 3 pairs shorts
- 2 pair of pants (tracksuit or quick dry)
- 5 T-shirts
- Bathers (Oct-April)
- Long sleeved shirt (sun protection)
- Solid walking boots or sneakers for activities (must be worn in). Not slip-ons
- Comfortable shoes (for around camp).
- Old runners/sandals for wet activities (not thongs).
- 5 pairs underwear
- 5 pairs socks (hiking socks - long and warm).
- Pyjamas
- Warm gloves
- Beanie
- Sunhat (Broad-brimmed)

Toiletries

- Soap, toothbrush, toothpaste, hairbrush, roll-on deodorant (**don't bring spray deodorant**).

Linen

- Sleeping Bag for sleeping indoors at Bogong, (where applicable an Alpine Sleeping Bag will be provided by Bogong for overnight hikes)
- 1 pillow
- 2 towels

Other Items

- Sunglasses & sunscreen
- Drink bottle
- Torch (small with new battery)
- Personal medical requirements
- Book for personal reading

Bogong Supplied Gear

- Fitted sheet
- Waterproof jackets
- Waterproof over pants
- Gloves
- Lunch box and drink bottle
- Day-packs
- Specialist equipment (tent, sleeping bag, backpack, helmet etc.) are all provided.

Please Note:

- Schools who attend late Term 2 or early Term 4 (possible winter conditions) should make sure to bring extra warm clothing for the program. A day skiing can sometimes be incorporated into a program at these times.
- All personal items and luggage should be clearly marked with the owner's name. The Department of Education and Training does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property.
- Try to utilise clothes and other items you have at home rather than buying anything special for the program.
- If travelling more than 2 hours \$20 may be of value for meals en route. There is no facility at Bogong to spend this money.
- Outdoor School Bogong is a Sunsmart School. Students are encouraged to wear a hat and clothing with long sleeves and collars, to wear suitable sunglasses and to apply sunscreen.
- Students are not to bring deodorant sprays as they can set off the emergency fire alarm. Bring a roll-on deodorant instead.

When you are at Bogong

Physical Fitness for the Program

The activities undertaken can be strenuous and it is strongly advised that students undertake a **planned comprehensive fitness program** as part of their preparation for their time at Bogong.

Student Expectations

The following should be made clear to students before their departure from school:

- Personal mobile devices such as phones, iPods and tablets must be left at home.
- Smoking, non-prescribed drugs and alcohol are strictly prohibited!
- Students will follow a tight program leaving them little free time.

Bogong is a school operated by the (DET), has a set curriculum and **is not a holiday centre**.

Accommodation

Depending on the time of year, students and visiting teachers are accommodated in either our two-story Fainter Lodge, Nelse Lodge or House 23. Student rooms are furnished with 2-4 single bed, mattresses (Bogong will supply the bottom sheet – students are to bring a sleeping bag & pillow). All buildings facilities include modern bathrooms, indoor and outdoor recreation areas, drying rooms and a dining room. Facilities (i.e. wheelchair ramps and specialised bathrooms/toilets) are provided for students with physical disabilities. Refer to the Outdoor School website for more information.

Catering

The Campus employs a chef and assistant who provide all meals and specifically cater for the tastes and appetites of teenagers. For catering purposes, the actual numbers of students and staff from each school needs to be confirmed by your teacher two weeks in advance with any special dietary requirements.

Sick Students

Should a student(s) be unable to take part in the program, then a visiting teacher may be required to supervise them at the Campus. Bogong has a sick bay for dealing with first aid needs.

Telephone

Inward phone calls are received between 8.30am and 4.30pm. Outgoing calls may be made any convenient time by staff or students if needed. Students are discouraged from calling or receiving calls during the program. Bogong has an answering machine at times when the office is unattended. An after-hours phone number for emergencies only is provided on the answering machine. All Bogong teachers have phones for safety during program.

Emergency Telephone Numbers

Bogong Campus (Office)	03 5754 1732	Bogong Campus (Fax)	03 5754 1735
Principal – Tony Keeble	0417 541 732	Campus Principal – Roger Blackwell	0417 202 578
DET Office of Emergency Management – 24 hours		03 9589 6266	

Privacy, Student Engagement, Mandatory Reporting & Child Safe Policies

Outdoor School has privacy, student engagement, mandatory reporting and child safe policies. These are available on the schools website at <http://www.outdoorschool.vic.edu.au/policies/3699/>

Clothing and Equipment for Bushwalking, Ski Touring & Snow Camping

If your school has incorporated an overnight snow camp into your winter program, then the items on the Personal Student List below need to be brought on the program by each student and visiting teacher.

Ski Touring & Snow Camping Clothing & Equipment List		
Personal Student List <i>Supplied by Students</i>	Individual Student List <i>Supplied by Bogong</i>	Group List for pairs <i>Supplied by Bogong</i>
<ul style="list-style-type: none"> • Thermal Underwear (if available) <ul style="list-style-type: none"> ○ Long johns ○ Top • Warm Jumper x 2 <ul style="list-style-type: none"> ○ (Polar-fleece or Woollen) • Tracksuit Pants – 2 pair <ul style="list-style-type: none"> ○ (one to wear, other to sleep in) • Spare Gloves • Socks – 4 pair <ul style="list-style-type: none"> ○ (Woollen/Synthetic mix) • Underwear • Beanie • Sunhat (Broad-brimmed) • Sunglasses • Sunscreen & Lip Balm • Plastic bags x 4 (30cm x 30cm) • Water bottle • Small Torch - <u>spare batteries</u> • Personal Medication 	<ul style="list-style-type: none"> • Backpack • Backpack Liner • Sleeping Bag • Sleeping Bag Liner • Sleeping Mat • Waterproof Jacket • Waterproof Overpants • Gaiters • Mug • Plate • Bowl • Knife, Fork, Spoon <p>Winter Additions</p> <ul style="list-style-type: none"> • Snow Goggles • Waterproof Gloves • Cross Country Skis • Ski Boots • Ski Poles 	<ul style="list-style-type: none"> • Tent • Stove • Fuel Bottle • Matches • Water Bag • Toilet Paper • Food Bags • Food <p>Winter Additions</p> <ul style="list-style-type: none"> • Tarp • Snow Shovels • Snow Pegs • Stove board

Bogong Teachers Leader's Equipment List

- First Aid Kit
- Medical Summary
- Foam Mat
- Mobile Phone & Radio
- Ski Repair Kit
- Map & Compass