

Outdoor School – 15 Mile Creek  
Parent Consent and Acceptance Form - 2024



Student's Full Name: \_\_\_\_\_

**Parent/Guardian Consent – please circle response below as appropriate – (if left blank we will assume yes is the response):**

The information about your child/dependant and family collected through this form will only be shared with school staff who need to know to enable our school to educate or support your child/dependant, or to fulfil legal obligations including duty of care, anti-discrimination law and occupational health and safety law. The information collected will not be disclosed beyond the Department of Education without your consent, unless such disclosure is lawful. For more about information-sharing and privacy, see our school's privacy policy: Data will be kept permanently as per the 2018 Retention and Disposal Authority for Records of School Records 3.3.1 Summary Enrolment Records requires. The collection and use of the students personally identifiable information via consent forms provided within the handbook and stored via Cumulus is done in accordance with the Privacy and Data Protection Act 2014. Data will be kept permanently as per the 2018 Retention and Disposal Authority for Records of School Records 3.3.1 Summary Enrolment Records requires.

I agree to my child/dependant using the internet and computer network at 15 Mile Creek in accordance with the same internet student user's agreement that applies at their current school.	Yes	No
I also consent to my child/dependant being photographed and/or visual images of my child/dependent being taken whilst at 15 Mile Creek by the DET. I also consent to these photos being used for use in the school's publications, the school's social media accounts and the school's website, for publicity purposes without acknowledgment and without being entitled to any remuneration or compensation.	Yes	No
Is English your child/dependant's main language?	Yes	No
Is your child/dependant of Aboriginal or Torres Strait Islander origin?	Yes	No
Has your child/dependant been away from home before?	Yes	No
I authorise the teacher in charge to administer paracetamol as per the Outdoor School protocol.	Yes	No
I understand that I will be required to immediately collect my child/dependent from Outdoor School if they are unwell and unable to participate in the program while at Outdoor School.	Yes	No

I have read the **Parent/Guardian and Student Booklet** and the **Outdoor School Enrolment/Acceptance Policy** included in the booklet and I agree to my child/dependant's attendance at the Outdoor School - 15 Mile Creek on:

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ (Starting Date)

I have read the **Parent/Guardian and Student Booklet** and I agree to them taking part in any excursion or activities arranged for students in connection with the school program. I understand the program contains potentially hazardous activities in remote areas subject to natural hazards and severe weather.

I will notify the school if my child/dependant is in contact with any infectious disease within four weeks of departure date. In the event of any illness or accident, where it is impracticable to communicate with me, I authorise the teacher in charge to consent to my child/dependant receiving such medical or surgical treatment as may be deemed necessary. I accept responsibility for payment of any expenses thus incurred. In the event of my child/dependant being unable to accompany the rest of the group home due to ill health or accident I will make the necessary arrangements in liaising with the School Principal for their return.

I agree to ensure that my child/dependant's mobile devices (phones, tablets, iPods etc.) remain at home whilst they attend this program.

Should my child/dependant violate the rules outlined in the **Outdoor School Student Code of Cooperation** to the extent that the teacher in charge in consultation with the Principal of Outdoor School 15 Mile Creek considers that they should be sent home, I agree to organise this withdrawal and fully cover the transport costs involved in this process.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Parent/Guardian's Full Name (please print)

\_\_\_\_\_  
Date

I have read the **Outdoor School Student Code of Cooperation** and I hereby undertake that while travelling to and from the school and while in attendance I shall behave in a good and proper manner and shall observe whatever rules are decided on as best for the welfare of all.

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

**Cancellation or Withdrawal**

*The Department of Education (DE) reserves the right to cancel a program for any reason. In the event of a student's application being withdrawn prior to the commencing date of the program the DE through the Principal reserves the right to make a refund only where a reasonable excuse for withdrawal is offered. No refund will be made where a student leaves during the program except in the case of illness, and then only on a pro rata basis.*

# Outdoor School – 15 Mile Creek

## Medical Information Form -2024



If there is a situation or incident which requires first aid to be administered to your child, school staff will administer first aid that is reasonably necessary and appropriate to their level of training. School staff will also seek emergency medical attention for your child if it is considered reasonably necessary. Any costs associated with student injury rest with parents/carers unless the Department of Education is liable in negligence (liability is not automatic). In the event that your child needs medical attention, school staff will contact you as soon as practically possible.

School: \_\_\_\_\_ Year Level or Visiting Staff: \_\_\_\_\_

Full Name: \_\_\_\_\_

Student Date of Birth: \_\_\_\_\_ Student Gender: Female ☐ Male ☐ Gender Diverse ☐

Parent/Guardian or Next of Kin Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian or Next of Kin Mobile Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Home Email Address: \_\_\_\_\_

Tick	Item	Details
	Diabetes	
	Dietary Requirements	
	Dizzy Spells/Blackouts	
	Fits of Any Type	
	Hay Fever	
	Heart Condition	
	Migraines	
	Physical Difficulties	
	Previous Injuries - When	
	Sleepwalking	
	Other	
	Bedwetting	

Please tick the box on the left if your child/dependant suffers any of the following:

- ☐ Anaphylaxis | If ticked, you **MUST** attach the appropriate completed Anaphylaxis Action Plan.  
Please state who will be responsible for carrying the EpiPen
- ☐ Allergies | If ticked, you **MUST** complete and attach the Allergic Reactions Action Plan.
- ☐ Asthma | If ticked, you **MUST** complete and attach Asthma Update Form along with your child's personal Asthma Action Plan.
- ☐ Other Health Care Needs | Please provide an Action Plan if your child/dependant needs medical or health related support at school (e.g. diabetes management).
- ☐ Support for Learning | Does your child/dependant have additional needs and require support?  
If ticked you must complete the **Student Learning and Care Form**.

Year of Last Tetanus Immunisation (If known): \_\_\_\_\_

**Swimming Ability:** please tick the distance your child/dependant can swim comfortably.

☐ Cannot Swim ☐ Weak Swimmer (<50m) ☐ Fair Swimmer (50-100m) ☐ Competent Swimmer (100-200m) ☐ Strong Swimmer (200m+)

**Medication** – Is your child/dependant presently taking tablets and or medicine?

☐ Yes ☐ No

**If yes, please complete the Medication Authority Form.**

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Student Learning and Care Form

**Student Name** \_\_\_\_\_

Please indicate any adjustments that may assist your child/dependant to participate at school:

Has your child/dependant had a disability assessment before?

If yes – please specify outcome below.

☐ Yes

☐ No

Has your child/dependant received individualised disability funding before?

If yes, please specify below.

☐ Yes

☐ No

Has any previous education provider prepared a documented plan to support your child/dependants additional learning needs? If yes, please provide details below.

☐ Yes

☐ No

Does your child/dependant have additional needs in one of the following areas? ☐ Yes ☐ No

Speech/  
Language: ☐ No ☐ Yes (please specify): \_\_\_\_\_

Physical: ☐ No ☐ Yes (please specify): \_\_\_\_\_

Cognitive/  
Learning: ☐ No ☐ Yes (please specify): \_\_\_\_\_

Social/  
Emotional: ☐ No ☐ Yes (please specify): \_\_\_\_\_

Is your child on an: ☐ An Individual Learning Plan ☐ An Education Plan

Please list below other relevant information that would assist us to work with your child/dependant in a residential environment.

---

---

---

---

---

---

---

---

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

# SCHOOL CAMP AND EXCURSION

VICTORIAN SCHOOLS

## ASTHMA UPDATE FORM

Student's name: \_\_\_\_\_

DOB: \_\_\_\_\_

Confirmed triggers: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has the student been hospitalised due to asthma, had an acute asthma attack or worsening asthma in the last two weeks? ☐ Y ☐ N

Has the student's asthma medications changed in the last two weeks? ☐ Y ☐ N

Is the student well enough to attend camp/excursion? ☐ Y ☐ N

This form is to be completed by parents/carers of students with asthma prior to an excursion or camp. The form is to be attached to a copy of the student's Asthma Action Plan and brought with students to the camp or excursion. Please provide as much detail as possible.

## OTHER MEDICAL CONDITIONS

Has the student had any other illness in the last two weeks?  
If YES, please provide details: ☐ Y ☐ N

Nature of illness? \_\_\_\_\_ When? \_\_\_\_\_

Severity? \_\_\_\_\_ Has this affected their asthma? ☐ Y ☐ N

## ALLERGIC RHINITIS (HAY FEVER)

Does the student hay fever? ☐ Y ☐ N Does the student have an action plan for hay fever? ☐ Y ☐ N

Confirmed Triggers for hay fever	Medication	Device	Dose	When
_____	_____	_____	_____	_____
_____	Treatment	_____	_____	_____

## ADDITIONAL ASTHMA MEDICATION REQUIREMENTS

1. Medication	Device	Dose	When
---------------	--------	------	------

Instructions for use \_\_\_\_\_

2. Medication	Device	Dose	When
---------------	--------	------	------

Instructions for use \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

The information provided on this plan is true and correct.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Additional information \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

For asthma information and support or to speak with an Asthma Educator call **1800 ASTHMA** (1800 278 462) or visit [asthma.org.au](http://asthma.org.au)

© Asthma Australia August 2019



**ASTHMA  
AUSTRALIA**



# ACTION PLAN FOR Anaphylaxis

Name: \_\_\_\_\_ Date of birth: DD / MM / YYYY  
Confirmed allergen(s): \_\_\_\_\_  
Family/emergency contact(s):  
1. \_\_\_\_\_ Mobile: \_\_\_\_\_  
2. \_\_\_\_\_ Mobile: \_\_\_\_\_  
Plan prepared by: \_\_\_\_\_ (doctor or nurse practitioner) who  
authorises medications to be given, as consented by the parent/guardian, according to this plan.  
Signed: \_\_\_\_\_ Date: DD / MM / YYYY  
Antihistamine: \_\_\_\_\_ Dose: \_\_\_\_\_  
This plan does not expire but review is recommended by: DD / MM / YYYY

## How to give adrenaline (epinephrine) injectors

### EpiPen®



Form fist around EpiPen® and PULL OFF BLUE SAFETY RELEASE



Hold leg still and PLACE ORANGE END against outer mid-thigh (with or without clothing)



PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds REMOVE EpiPen®

EpiPen® is prescribed as follows:  
EpiPen® Jr (150 mcg) for children 7.5-20kg  
EpiPen® (300 mcg) for children over 20kg and adults

### Anapen®



PULL OFF BLACK NEEDLE SHIELD



PULL OFF GREY SAFETY CAP from red button



PLACE NEEDLE END FIRMLY against outer mid-thigh at 90° angle (with or without clothing)



PRESS RED BUTTON so it clicks and hold for 3 seconds. REMOVE Anapen®

Anapen® is prescribed as follows:  
Anapen® 150 Junior for children 7.5-20kg  
Anapen® 300 for children over 20kg and adults  
Anapen® 500 for children and adults over 50kg

## MILD TO MODERATE ALLERGIC REACTIONS

### SIGNS:

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

Mild to moderate allergic reactions may not always occur before anaphylaxis

### ACTIONS:

- Stay with person, call for help
- Locate adrenaline injector
- Give antihistamine - see above
- Phone family/emergency contact
- Insect allergy - flick out sting if visible
- Tick allergy - seek medical help or freeze tick and let it drop off

## SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTIONS)

Watch for ANY ONE of the following signs:

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

## ACTIONS FOR ANAPHYLAXIS

### 1 LAY PERSON FLAT - do NOT allow them to stand or walk

- If unconscious or pregnant, place in recovery position - on left side if pregnant
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright



### 2 GIVE ADRENALINE INJECTOR

- 3 Phone ambulance - 000 (AU) or 111 (NZ)
- 4 Phone family/emergency contact
- 5 Further adrenaline may be given if no response after 5 minutes
- 6 Transfer person to hospital for at least 4 hours of observation

### IF IN DOUBT GIVE ADRENALINE INJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE INJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication (who may have been exposed to the allergen) has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

If adrenaline is accidentally injected, phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.



# ACTION PLAN FOR Allergic Reactions

Name: \_\_\_\_\_ Date of birth: DD / MM / YYYY

Confirmed allergen(s): \_\_\_\_\_

Family/emergency contact(s):

1. \_\_\_\_\_ Mobile: \_\_\_\_\_

2. \_\_\_\_\_ Mobile: \_\_\_\_\_

Plan prepared by: \_\_\_\_\_ (doctor or nurse practitioner)  
who authorises medications to be given, as consented by the patient or parent/guardian,  
according to this plan.

Signed: \_\_\_\_\_ Date: DD / MM / YYYY

Antihistamine: \_\_\_\_\_ Dose: \_\_\_\_\_

This plan does not expire but review is recommended by: DD / MM / YYYY

This ASCIA Action Plan for Allergic Reactions is for people who have allergies but do not have a prescribed adrenaline (epinephrine) injector.

## MILD TO MODERATE ALLERGIC REACTIONS

### SIGNS:

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

Mild to moderate allergic reactions may not always occur before anaphylaxis

### ACTIONS:

- Stay with person, call for help
- Give antihistamine - see above
- Phone family/emergency contact
- Insect allergy - flick out sting if visible
- Tick allergy - seek medical help or freeze tick and let it drop off

## SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTIONS)

Watch for ANY ONE of the following signs:

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

## ACTIONS FOR ANAPHYLAXIS

### 1 LAY PERSON FLAT - do NOT allow them to stand or walk

- If unconscious or pregnant, place in recovery position - on left side if pregnant
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright



### 2 GIVE ADRENALINE INJECTOR IF AVAILABLE

### 3 Phone ambulance - 000 (AU) or 111 (NZ)

### 4 Phone family/emergency contact

### 5 Transfer person to hospital for at least 4 hours of observation

### IF IN DOUBT GIVE ADRENALINE INJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally

Adrenaline injector doses are:

- 150 mcg for children 7.5-20kg
- 300 mcg for children over 20kg and adults
- 300 mcg or 500 mcg for children and adults over 50kg

Instructions are on device labels.

**ALWAYS GIVE ADRENALINE INJECTOR FIRST** and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication (who may have been exposed to the allergen) has **SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

If adrenaline is accidentally injected, phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

# Medication Authority Form

## For students requiring medication to be administered at school.

This form should, be signed by the student's medical/health practitioner for all medication to be administered at school but schools may proceed on the signed authority of parents in the absence of a signature from a medical practitioner.



- For students with asthma, [Asthma Australia's School Asthma Care Plan](#)
- For students with anaphylaxis, an [ASCIA Action Plan for Anaphylaxis](#)

Please only complete the sections below that are relevant to the student's health needs. If additional advice is required, please attach it to this form.

### Student Details:

Name of school: \_\_\_\_\_

Name of student: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

MediAlert Number (if relevant): \_\_\_\_\_

Review date for this form: \_\_\_\_\_

### Medication to be administered at school:

Name of Medication	Dosage (amount)	Time/s to be taken	How is it taken? (eg oral/topical)	Dates to be administered	Supervision required
				Start: / / End: / / OR <input type="checkbox"/> Ongoing medication	<input type="checkbox"/> No – student self-managing <input type="checkbox"/> Yes <input type="checkbox"/> remind <input type="checkbox"/> observe <input type="checkbox"/> assist <input type="checkbox"/> administer
				Start: / / End: / / OR <input type="checkbox"/> Ongoing medication	<input type="checkbox"/> No – student self-managing <input type="checkbox"/> Yes <input type="checkbox"/> remind <input type="checkbox"/> observe <input type="checkbox"/> assist <input type="checkbox"/> administer

### Medication delivered to the school:

Please indicate if there are any specific storage instructions for any medication:

Please ensure that medication delivered to the school:

- ☐ Is in its original package.
- ☐ The pharmacy label matches the information included in this form.

### Supervision required:

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should be agreed to by the student and their parents/carers, the school and the student's medical/health practitioner. Please describe what supervision or assistance is required by the student when taking medication at school (e.g. remind, observe, assist or administer):

### Monitoring effects of medication:

Please note: School staff **do not** monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

### Privacy Statement:

We collect personal and health information to plan for and support the health care needs of our students. Information collected will be used and disclosed in accordance with the Department of Education and Training's privacy policy which applies to all government schools (available at: <http://www.education.vic.gov.au/Pages/schoolsprivacypolicy.aspx>) and the law.

### Authorisation to administer medication in accordance with this form:

Name of parent/carer: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name of medical/health practitioner: \_\_\_\_\_

Practitioner Professional Role: \_\_\_\_\_

Practitioner Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Practitioner Contact Details \_\_\_\_\_

# Personal Clothing and Equipment

This list provides information on the types of the clothing and other essentials that you should bring. It also outlines the equipment supplied by 15 Mile Creek.

## Clothing

- 2 or three pairs of long pants (tracksuit/jeans)
- 1 or 2 windcheaters
- 1 or 2 pairs of shorts
- 1 pair of bathers
- Handkerchiefs
- Sunhat –broad brimmed bucket – no caps
- 1 Pair Mittens or Gloves
- Beanie
- 2 Pairs of runners – (normal wear pair and old pair for aquatics)
- 2 or 3 long sleeve shirts or thermal tops
- 1 or 2 warm jumpers (polar fleece or woollen preferred)
- 3 or 4 T-shirts
- 4 sets (top and bottom) Underwear
- 4 Pairs Socks – (thick)
- 2 pair Pyjamas/sleepwear
- 1 warm parka or jacket

## Toiletries

- Soap
- Toothbrush & toothpaste
- Hairbrush
- Roll-on deodorant (please do not bring spray deodorant), face washer.
- 2 Towels

## Linen

- Sleeping Bag for sleeping indoors at 15 Mile Creek, (where applicable an Alpine Sleeping Bag will be provided by 15 Mile Creek for overnight hikes)
- 1 pillow

## Other items

- Sunglasses & sunscreen
- Lip Balm
- Drink bottle
- Torch (small with new battery)
- Personal medical requirements
- Optional items - Book for personal reading, camera (not a mobile telephone or iPod), cards, games, thongs & insect repellent

## 15 Mile Creek Supplied Gear

- Fitted bed sheet
- Waterproof jackets
- Waterproof over pants
- Lunchbox & drink bottle
- Day packs
- Specialist equipment (tent, sleeping bag, backpack, helmet etc.)are all provided

## Please note:-

- Schools who attend late term 2 or early term 4 (possible winter conditions) should make sure to bring extra warm clothing on their program.
- All personal items and luggage should be clearly marked with the owner's name. Department of Education and Training does not hold insurance for personal property bought to schools and it has no capacity to pay for any loss or damage to such property.
- Try to utilise clothes and other items you have at home rather than buying anything special for the program.
- No money is required at 15 Mile Creek, there is no facilities at 15 Mile Creel to spend money.
- Outdoor School – 15 Mile Creek is a Sun-smart School. Students are required to wear a hat from September to April (UV levels 3 or above). Students will also be encourages to wear clothing with long sleeves and collars, to wear suitable sunglasses and to apply sunscreen.
- Students are not to bring deodorant sprays as they can set off emergency fire alarm, please bring roll-on deodorant instead.
- No personal ICT devices are permitted at 15 Mile Creek



## Personal Clothing and Equipment – Cont.

If your school has incorporated an overnight bushwalk into your program, then the items on the Personal Student List below need to be brought to 15MC.

Bushwalking & Camping Clothing & Equipment List		
Personal Student List <i>Supplied by Students</i>	Individual Student List <i>Supplied by Outdoor School</i>	Group List for pairs <i>Supplied by Outdoor School</i>
<ul style="list-style-type: none"> <li>○ Thermal Underwear               <ul style="list-style-type: none"> <li>- long johns</li> <li>- top</li> </ul> </li> <li>○ Warm Jumper x 2               <ul style="list-style-type: none"> <li>- Polartec or Woolen</li> </ul> </li> <li>○ Long Sleeved Shirt               <ul style="list-style-type: none"> <li>- not cotton</li> </ul> </li> <li>○ long pants</li> <li>○ Tracksuit Pants – 1 pair               <ul style="list-style-type: none"> <li>- To sleep in</li> <li>- Synthetic material OK</li> </ul> </li> <li>○ Gloves</li> <li>○ Socks x 3 pair               <ul style="list-style-type: none"> <li>- Woolen/Synthetic mix</li> </ul> </li> <li>○ Underwear</li> <li>○ Beanie</li> <li>○ Peaked Cap/Sunhat-brimmed</li> <li>○ Sunglasses</li> <li>○ Sunscreen &amp; Lip Balm</li>   <li>○ Plastic bags x 4 (30cm x 30cm)</li> <li>○ Water bottle</li> <li>○ Small Torch               <ul style="list-style-type: none"> <li>- spare batteries</li> </ul> </li>   <li>○ Personal Medication</li> <li>○ Camera</li> </ul>	<ul style="list-style-type: none"> <li>○ Rucksack</li> <li>○ Rucksack Liner</li> <li>○ Sleeping Bag</li> <li>○ Sleeping Bag Liner</li> <li>○ Mat (for sleeping)</li> <li>○ Waterproof Jacket</li> <li>○ Waterproof Overplants</li> <li>○ Mug</li> <li>○ Plate</li> <li>○ Bowl</li> <li>○ Knife, Fork, Spoon</li> </ul>	<ul style="list-style-type: none"> <li>○ Tent &amp; Fly</li> <li>○ Pegs</li> <li>○ Stove</li> <li>○ Fuel Bottle</li> <li>○ Waterproof Matches</li> <li>○ Water Bag</li> <li>○ Toilet Paper</li> <li>○ Food Bags</li> <li>○ Food supplies</li> </ul>